



# Pastoral

training courses

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## The PSHE Co-ordinator's Role

*Understanding your responsibilities and how you can benefit the entire school*

**Course reference:** 7001ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

This course will offer co-ordinators the latest information to support PSHE development in secondary schools. It will provide a clear framework for leading and managing this subject. This course is suitable for both new and experienced PSHE co-ordinators from primary, secondary and special schools, as well as FE colleges.

### Course content

- Guidance for implementing the new PSHE programmes of study
- The monitoring role of the co-ordinator as leader and manager
- Guidance relating to the inspection framework
- Organising effective PSHE - policy and practice
- Creating a whole school approach to assessment, recording and reporting in PSHE
- Raising the profile of PSHE through the National Healthy Schools Programme

### Course dates

We run courses in 11 cities across the country

[view dates](#)

### Suitable for

Current and aspiring PSHE co-ordinators who want to lead and manage PSHE in their school effectively and with maximum impact on student outcomes.

“

*A hugely valuable course, extremely well taught.*

Richard Bache - Thomas's Preparatory Battersea

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/7001](http://www.creativeeducation.co.uk/7001) | Fax: 020 7190 5853

## New Roles and Responsibilities for Year Leaders and Tutors

*The essential guide for successful year leaders*

**Course reference:** 7319ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

This course has been designed for aspiring and existing heads of year wishing to fully embrace the academic and pastoral issues involved. The course will address the skills essential to support and manage change and bring coherence to the ever developing roles. The key focus is on the issues of quality assurance, leadership styles, managing colleagues, data analysis, monitoring student progress, guidance systems and formative assessment.

### Course content

- Clarifying the core roles: leadership qualities
- Quality assurance and the implications
- The essential skills of the year leader
- Working with tutors to develop a culture of achievement
- Tracking students, guidance systems and student reviews
- Developing 'learning to learn' programmes

### Course dates

We run courses in 11 cities across the country

[view dates](#)

### Suitable for

Year leaders and form tutors who want to maximise their performance in their role.

“

*“Friendly, nice, relaxed atmosphere conducive to learning. On the whole... Excellent.”*

Craig Shinton - Duffryn High School

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/7319](http://www.creativeeducation.co.uk/7319) | Fax: 020 7190 5853

## PSHE and Citizenship in Special Schools

*Giving you the advice, guidance and confidence to tackle this challenging topic*

**Course reference:** 7695ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

This course will provide essential strategies for PSHE and citizenship in the special school as well as structures to provide an effective programme of provision, providing important life skills for all students with SEN. This course is suitable for PSHE and citizenship coordinators, LSAs and all teachers involved with students with SEN.

### Course content

- Develop an effective programmes of study for PSHE and citizenship
- Create engaging and meaningful schemes of work and lesson ideas
- Involve the whole school in PSHE/citizenship provision
- Organise, monitor and evaluate the impact of PSHE and citizenship provision
- Make effective use of assessment
- Develop teachers skills and raise the profile of PSHE throughout the school

### Course dates

We run courses in 11 cities across the country

[view dates](#)

### Suitable for

PSHE and citizenship co-ordinators

“

*Very inspiring! Recharged my batteries and better informed me.*

Christine Koeller - Coleg Elidyr

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/7695](http://www.creativeeducation.co.uk/7695) | Fax: 020 7190 5853

## Planning and Implementing a Meaningful Primary PSHE Curriculum

*A practical guide to PSHE development in KS1 & 2*

**Course reference:** 1173ZTP **Price:** £269+VAT **Timings:** 10am - 4pm

As a primary school teacher, you will understand the importance of developing a supportive learning environment that promotes the emotional, personal and social development of every child in your school. This course will offer the latest information to support PSHE development in primary schools, presenting a framework for devising your programmes of study and an opportunity to consider a variety of teaching and learning strategies to ensure your work makes an impact on your pupils' personal growth.

### Course content

- Explore the benefits of a whole-school approach to PSHE
- Consider a practical framework for planning a meaningful PSHE curriculum for your primary school
- Examine a range of possible delivery models to find the right one for your school
- Identify various teaching and learning strategies for delivering effective PSHE
- Assess the impact that your programme has on your pupils and plan for the future

### Course dates

We run courses in 11 cities across the country

[view dates](#)

### Suitable for

All teachers who have an interest in the personal and social development of pupils in their primary school. It will be particularly useful for those who have responsibility for curriculum development in KS1 and 2.

“

**99%** of delegates rate our courses as 'Good' or 'Outstanding'

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Call: 0800 881 8185 | [www.creativeeducation.co.uk/1173](http://www.creativeeducation.co.uk/1173) | Fax: 020 7190 5853

# Developing the Role of Non-teaching Pastoral Staff

*How to develop your personal skills to provide essential support for students*

**Course reference:** 7604ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

There is an ever-increasing number of non-teachers in pastoral roles and their remit is constantly growing. This course will develop skills in building rapport and relationships with students, effective working with outside agencies and creating a whole-school approach to pastoral care.

## Course content

- Improving communication skills
- De-escalating anger and causes of conflict
- Strategies for supporting individual students
- Examples of good practice

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Non-teaching pastoral staff in UK secondary schools who want to develop their skills and knowledge.

“

*One of the best courses I have attended. Very interesting.*

Vanessa Mansfield - Norwich School

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/7604](http://www.creativeeducation.co.uk/7604) | Fax: 020 7190 5853

# Dealing with the Effects of Abuse and Neglect on Children and Young People

*Understanding how schools can help to provide support for pupils and their families affected by abuse*

**Course reference:** 8281ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Child abuse is headline news and it is critical that schools understand how they can help to protect and support pupils involved. This course looks at the nature of abuse and addresses a wide range of issues, referencing the latest national advice and guidance. It uses the findings of current research and reports, including case studies, to suggest approaches schools can use to provide effective support, including the importance of establishing partnerships with external agencies.

## Course content

- Understand the nature of abuse and recognise the signs of different types of abuse
- Review, evaluate and update current policies and practices with reference to current legislation and guidance
- Develop or review a framework for assessing and addressing the needs of children who have been abused
- Explore specific programmes and resources, including government supported projects, and information on a range of external support agencies

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

The course has been designed for those in schools and colleges with responsibility for policy, planning and delivering for pastoral support, safeguarding and sex and relationships education.

“

**99%** of delegates rate our courses as ‘Good’ or ‘Outstanding’

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/8281](http://www.creativeeducation.co.uk/8281) | Fax: 020 7190 5853

# Anxiety, Depression and Obsessions - Supporting Students With Mental Health Disorders

*Support students with anxiety, depression and obsessions to improve their wellbeing, attendance and attainment*

**Course reference:** 8282ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Mental health disorders are surprisingly common, affecting a considerable number of children and young people. A significant percentage of 5-16 year-olds have a diagnosed mental health disorder and others have problems that have not yet been formally diagnosed. Poor mental health can have a major impact on a child's education, with poor attendance and lower attainment common among students with mental health disorders. Schools have a key role to play in supporting these young people to achieve their potential and improve their emotional wellbeing.

## Course content

- Understand different types of mental health disorders
- Recognise the signs and symptoms of some of the most common mental health disorders
- Identify students in need of support
- Work with parents and carers to support their child effectively
- Establish when to involve external agencies
- Promote positive wellbeing through the curriculum

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## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Pastoral leaders, heads of year, mentors, teaching assistants and other staff who want to support pupils and students who are suffering from anxiety, depression or obsessions.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

# From Bullying to Bereavement - Providing Emotional Support for Distressed Students

*Promoting a culture of emotional health and well-being in your school*

**Course reference:** 8283ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

This course will enable you to understand and provide a supportive response to those students who may undergo traumatic times in school. You will return to school equipped with strategies and techniques to help you support students dealing with grief, bullying, anger, stress, friendship and relationship issues and all other overwhelming emotions.

## Course content

- Develop knowledge of approaches to counselling in young people at school
- Understand how to constructively relate to young people in acute distress when facing emotional trauma
- Recognise the importance of excellent communication and interpersonal skills
- Explore the factors which can cause, or prevent, anger and stress in the school community
- Identify how to implement a positive school culture which encourages well-being for pupils and staff

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## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Suitable for anyone who has regular contact with pupils experiencing emotional health issues including pastoral carers, year heads, support staff and senior leaders responsible for policy and professional training.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

# Dealing Confidently with Sex and Relationships in PSHE

*How to tackle the challenging issues sensitively and confidently*

**Course reference:** 4840ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Many teachers struggle with the delivery of sex and relationship education. This course will offer clear guidance on delivery, improve teacher confidence, offer help in selecting materials and provide clarity around national guidelines. This course is suitable for PSHE co-ordinators, teachers, support staff and school nurses delivering sex and relationship education.

## Course content

- Strategies to help all teachers focus on the 'relationships' aspect of SRE
- Developing teaching methods to focus on skills and values as well as knowledge
- Understanding of national guidance surrounding sex and relationship education
- Creating links with other areas of PSHE such as 'risk'
- Effective ways of removing 'barriers' and dealing with sensitive and controversial issues

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Any member of school staff looking to increase their confidence in delivering SRE including teachers, pastoral staff, form tutors and year leaders.

“*A fantastic course with very useful and practical tips to take back to the classroom.*

Hannah Perrins - Adams' Grammar School

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/4840](http://www.creativeeducation.co.uk/4840) | Fax: 020 7190 5853

# Promoting the Emotional Well-being and Academic Achievement of Looked After Children

*Dismantling the barriers that prevent looked after children achieving their potential*

**Course reference:** 8220ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Looked after children can face a formidable range of barriers to learning, yet despite this a select group of schools have made great strides in enabling looked after children to achieve. This course, suitable for those within primary or secondary schools, will look at the best practice pioneered by these schools as well as providing plenty of practical strategies to address the issue in yours and how their pupil premium funding can be best spent.

## Course content

- Develop a framework of high expectations for looked after children
- Recognise the typical barriers to achievement looked after children face and how to mitigate against these
- Establish effective monitoring of social and academic performance and appropriate forms of support and early intervention
- Identify suitable curriculum options that provide stretch and challenge
- Support the successful engagement of carers as partners in learning

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Leaders, teachers and support staff in primary, secondary or special schools looking for practical ideas for supporting looked after children in order to maximise their progress.

“  
99% of delegates rate our courses as 'Good' or 'Outstanding'”

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Call: 0800 881 8185 | [www.creativeeducation.co.uk/8220](http://www.creativeeducation.co.uk/8220) | Fax: 020 7190 5853

# Sex and Relationship Education for Students with SEN

*How to provide high quality support for SEN students in this challenging area*

**Course reference:** 7796ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Students with special educational needs or learning difficulties are less likely than their peers to receive effective sex education at home and face a higher than average likelihood of experiencing sexual abuse. It is vital that an effective sex and relationship curriculum is delivered which caters to the individual needs of each student. The course is primarily aimed at special school staff but other colleagues should also find it of use.

## Course content

- The framework for sex and relationships
- Philosophical, ethical and legal issues
- Managing the curriculum
- Aims, principles, content and methodology
- Using appropriate language
- Confidentiality and answering questions
- Contraception

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

School staff with a responsibility for teaching sex and relationships education to children with special needs in a special, primary or secondary school setting.

“*Thank you for such an informative day. Lots of ideas to take away and implement.*

Natalie Stevens - St Mary's  
Wrestwood Children's Trust

”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/7796](http://www.creativeeducation.co.uk/7796) | Fax: 020 7190 5853

# Self-Harm and Eating Disorders – Providing Positive Support

*How to identify and support students before it's too late*

**Course reference:** 7486ZTP **Price:** £299+VAT **Timings:** 10am - 4pm

Students who have recovered from self-harm and eating disorders often cite the pivotal role that a supportive school can play. This course draws on the experiences and best practice outlined by over 1000 school staff and hundreds of students who have overcome self-harm or eating disorders. We aim to provide you with a wide range of ideas and strategies, and renewed confidence in your ability to support students causing concern.

## Course content

- Understand what self-harm and eating disorders are and why people develop them
- Use risk factors and warning signs to determine who needs support
- Handle difficult conversations with students sensitively
- Respond appropriately to self-harm incidents at school
- Work with parents and peers to support student recovery
- Use a range of practical strategies to support students in school
- Make referrals to CAMHS when escalation is appropriate

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Pastoral leaders, heads of years, form tutors, boarding staff and other members of staff who want to provide effective support for self-harm and eating disorders.

“*Excellent day, course leader very helpful and tailored training to our needs. Very informative and useful.*

Dawn Duckworth - Wright Robinson  
Sports College

”

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# Developing Resilience and Coping Skills in Your Students

Help make your school a leader in character education

**Course reference:** 8292ZTP   **Price:** £299+VAT   **Timings:** 10am - 4pm

Developing children’s resilience is now being seen as important as academic learning. This course will look at practical approaches to embed resilience across the school; train staff and pupils, and provide a wealth of practical strategies.

## Course content

- Embed resilience across the school - an ongoing sustainable programme that has real impact
- Develop engaging active learning techniques and an effective ‘toolkit’ for building resilience
- Create effective staff and student coaching programmes and support networks
- Evaluate, monitor and assess the impact on all students

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

Senior and middle leaders as well as heads of year/departments from both primary and secondary schools as well as colleges.

“ 99% of delegates rate our courses as ‘Good’ or ‘Outstanding’ ”

Call: 0800 881 8185 | [www.creativeeducation.co.uk/8292](http://www.creativeeducation.co.uk/8292) | Fax: 020 7190 5853

# Female Genital Mutilation, Forced Marriage and Honour Based Violence - Protecting Children in your School

Understand these issues and how to respond effectively

**Course reference:** 8302ZTP   **Price:** £299+VAT   **Timings:** 10am - 4pm

Female genital mutilation, forced marriage and honour based violence affects both boys and girls in education, with over 25% of reported cases affecting children under 16. This course will explore the social and cultural contexts of these issues, how they affect children, and what schools can do to protect their students.

## Course content

- Understand the context for these abuses and recognise factors which may indicate risk of harm
- Develop effective safeguarding practices by working with staff, children and external agencies
- Recognise when and how to protect vulnerable children
- Explore sensitive and appropriate learning resources for children
- Identify models of existing good practice in schools

## Course dates

We run courses in 11 cities across the country

[view dates](#)

## Suitable for

This course is suitable for all middle and senior leaders, as well as pastoral staff and child protection officers.

“ 99% of delegates rate our courses as ‘Good’ or ‘Outstanding’ ”

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## Reasons to choose Creative Education

20 years of experience delivering high quality CPD training to teachers and senior leaders.

Over 300 courses aimed at teachers, heads of department, middle and senior leaders and school support and premises staff.

Our courses are rated “Good” or “Outstanding” by 99% of delegates.

Courses held in 11 convenient locations across the country.

Our courses provide you with practical advice and strategies that can be used immediately.

In-house Training can be delivered throughout the year to provide you with the training you want, when you want it.

Our ready-made, tried and tested courses can be tailored to meet the needs of you and your staff in an In-house Training session.

An ever growing range of e-Learning training flexible to fit around the busy schedules of school staff.

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