



PE

training courses

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Maximising Performance in PE at A Level

How to engage, motivate and enhance students' learning and understand the assessment criteria

Course reference: 7965ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

In addition to gaining an in depth understanding of the assessment criteria and how to fulfil these, delegates will learn about techniques for engaging, motivating and enhancing students' enjoyment in both the theory and the practical elements of the course. This course is suitable for those new to teaching PE at KS5 as well as those aiming to gain new ideas.

Course content

- Ensuring a smooth transition from GCSE
- Keeping learning engaging, relevant and enjoyable at AS and A2
- Teaching students to understand and meet assessment criteria
- Maximising student performance in the practical elements
- Developing students' revision and written exam techniques
- Using mock exams as a springboard for self reflection and improvement

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and heads of department keen to maximise the achievement of students at key stage 5.

“

Lots of practical ideas that you can instantly use within the classroom to engage students.

Dan Van Grudgings - Nailsea School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7965 | Fax: 020 7190 5853

The Outstanding Newly or Recently Qualified PE Teacher

Practical strategies and ideas to enable you to become a strong member of the PE department

Course reference: 7966ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Ignore the horror stories. Most of the time, teaching is a wonderful and fulfilling job – but those first few years there is a steep learning curve and you'll need a lot of support. This motivational one day course is full of practical ideas to help you address the many concerns of the early years in the job – work-life balance, behaviour, finding your niche – so you can be free to inspire your students and develop into an outstanding teacher.

Course content

- Establish yourself quickly in your new role and forge strong relationships with your colleagues
- Develop positive, pupil-centred strategies to tackle poor behaviour in the classroom
- Understand what it means for learning to be outstanding in PE according to Ofsted and how your teaching can aspire to this
- Plan successfully for your future, identifying appropriate development opportunities to help you continually improve

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Newly qualified PE teachers looking for inspiration and support in their role in UK secondary or special schools.

“

Very positive experience from the course & gained a good insight into new ways of teaching.

Claire Wyatt - Fitzalan High School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7966 | Fax: 020 7190 5853

Outstanding Learning and Progress in PE

Going one step further to deliver lessons that your students and Ofsted will love in PE

Course reference: 7962ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Teaching outstanding lessons is an aspiration that all teachers share. This course will show you how to deliver outstanding lessons, making them highly successful and engaging for your students. Along the way you will really get under the skin of what Ofsted deem outstanding in PE and hone your teaching skills in order to teach great lessons consistently.

Course content

- Understand what it means for learning to be outstanding in PE according to Ofsted and how close you are to achieving it
- Develop pupil-centred strategies to ensure you build positive relationships with your learners so outstanding learning can take place
- Explore ideas, resources, techniques, and models of excellent practice to support outstanding learning and progress in PE
- Robustly monitor your students' achievement and set meaningful targets to maximise progress in PE

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and leaders aiming to maximise teaching and learning of students at key stages 3 & 4.

“

Extremely informative and thought provoking.

Nicola Hammersley - The Sir Robert Woodard Academy

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7962 | Fax: 020 7190 5853

Leading a Successful PE Department

The essential skills and techniques for leading an outstanding PE department

Course reference: 7961ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Heads of department and curriculum leaders working in schools and colleges carry out a critical role in the management of schools and learning. The DfE has rightly championed the role and formalised the standards that those carrying it out should reach. This course aims to give you practical advice that will enable you to ensure that your PE department is playing a full part in transforming learning and teaching in your school.

Course content

- Understand what it means for leadership and management in PE to be successful according to Ofsted
- Learn how to truly lead the learning in PE creating an environment and curriculum that supports outstanding learning and progress
- Develop pupil-centred strategies to ensure you can engage your learners to maximise student achievement
- Motivate and manage your colleagues effectively, developing them into a strong teaching team

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Subject leaders and aspiring subject leaders of PE looking for new ideas for leading and managing a successful PE department that will drive outstanding levels of learning.

“

Very informative, relaxed atmosphere, very motivational.

Rob Dixon - Forest Gate Community School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7961 | Fax: 020 7190 5853

Maximising Student Potential in PE GCSE

How to motivate and engage pupils early in the course providing them with the tools to succeed

Course reference: 7958ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Do you want this year's GCSE results to be the best ever? Attend this course and you will leave with plenty of ideas and practical strategies to improve the performance of any GCSE group. The course explores methods to engage and motivate pupils earlier in the course, guidance on the controlled assessments and study skills, as well as techniques to squeeze the maximum results out of your C/D borderline.

Course content

- Creating an effective scheme of work
- Assessment, target setting, monitoring and tracking
- Differentiating lesson plans to stretch both the most and least able
- Ideas for engaging students in the theory
- Preparing students for the controlled assessments
- Ensuring students perform to their best in the written exam
- Working with pupils on the C/D borderline

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and heads of department who want to implement strategies to maximise student performance at GCSE.

“

***Relevant and realistic strategies.
Interactive course tutor.***

Stephanie Williams - Risca Comp've School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7958 | Fax: 020 7190 5853

Second in the PE Department: Maximising your Potential

Stretch and challenge yourself as you reach towards the head of department post

Course reference: 7898ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This course looks at ways of developing the role of the second in PE in order to stretch and challenge you. In addition to reviewing the skills required to fulfil the role effectively, you will consider areas within your department in which you could take leadership and use your initiative in order to stretch you within your current role.

Course content

- Working with the head of department: creating a shared vision
- Identifying key priorities for development
- Promoting effective teaching and learning
- Effective organisation and administration of the department
- Inducting and mentoring new staff
- Maximising your potential – ways to challenge yourself

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Current or aspiring seconds in the maths department in UK secondary schools keen to develop the skills needed to maximise their impact in the role.

“

***A very thought provoking course.
Walking away with a clear vision
of where to go from here and what
I want to achieve!***

Luke Fuller - The High Arcal School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7898 | Fax: 020 7190 5853

PE Teaching for the Non-Specialist Teacher

A classroom based course to enable anyone to deliver effective PE lessons

Course reference: 7405ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This classroom-based course is designed for colleagues who are timetabled to teach or support PE including LSAs, TAs and those who have had no formal training but wish to update their skills in this area. It will also be of benefit to members of staff wishing to contribute to the school's extra-curricular provision.

Course content

- Understanding and implementing National Curriculum requirements
- Target setting, assessing and monitoring student progress
- Building health and safety considerations into your lesson planning
- Successful strategies for teaching physical activities
- Modifying and extending schemes of work to meet the needs of different learners

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Non-specialist teachers and support staff including LSAs, TAs who have had no formal training and are timetabled to teach or support PE at KS3 or KS4.

“

Very relevant with lots of easy and practical ideas to apply to lessons.

Sarah Whittaker - Longsands College

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7405 | Fax: 020 7190 5853

Stretching More Able Students in PE

Highly effective strategies to improve the achievement and progress of more able students in high ability and mixed ability groups

Course reference: 7824ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This course is essential for both new and experienced PE teachers who are looking to support their most able students in attaining outstanding learning and progress in both mixed ability and high ability groups. Heads of department and other middle leaders will also benefit, as will teaching assistants assigned to support the learning of your most able students in PE.

Course content

- Plan effective, differentiated PE lessons that challenge your most able learners
- Devise extension activities that combine both breadth and depth
- Develop personal learning and thinking skills
- Support able learners through classroom talk and questioning
- Set high expectations and monitor progress through effective assessment
- Tackle the underachievement of more able students
- Enrich learning outside the classroom with some engaging and practical ideas

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and heads of department hoping to maximise the achievement of gifted and talented students at KS3 and 4.

“

Very well presented course clearly meeting all the objectives and plenty of practical advice.

Phillip Stiff - Haberdashers' Aske's Boys' School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7824 | Fax: 020 7190 5853

Maximising Progress in PE Through Assessment for Learning

Practical formative assessment tools that can have a dramatic impact in the PE classroom

Course reference: 7404ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

The effective use of formative assessment is an area often cited in PE as one requiring improvement. This course examines strategies for using AfL to ensure that while progress is maximised, students are engaged and motivated and involved in celebrating their own achievements. It is suitable for anyone involved in teaching PE.

Course content

- Using baseline data in KS3
- The positive impact of AfL in your PE department
- Embedding assessment into your schemes of work, lesson planning and marking
- Developing clear learning outcomes and setting effective targets
- Providing effective feedback to motivate and raise achievement
- The importance of peer assessment and self-assessment

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and heads of department looking for practical strategies for embedding AfL in the KS3 and 4 PE curriculum.

“

A very refreshing course that was excellent for sharing ideas between schools.

John O' Donoghue - Launceston College

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7404 | Fax: 020 7190 5853

Aspiring to the Role of Head of Physical Education

How to develop your professional knowledge and expertise to manage good systems and sustain quality teaching

Course reference: 7401ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Aspiring to be head of department? This wide-ranging course has been designed to prepare you for your new responsibilities. Tone up your leadership skills, strengthen your curriculum planning and learn how to build the foundations of an outstanding department.

Course content

- Application process
- Leadership, management and accountability
- Meeting the needs of groups of students
- Curriculum - schemes of work and lesson planning
- Standards of achievement, assessment and use of data
- Resources, budgeting and health and safety
- Monitoring, evaluation and inspection

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

New and aspiring heads of PE who want to develop the skills and knowledge to run the department effectively.

“

Absolutely super day, lots to take away and put into practice.

Michael Walsh - Leyland St Mary's Catholic Technology College

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7401 | Fax: 020 7190 5853



Assessment for Learning in Dance

Using techniques bespoke to dance at KS3 and beyond to inform planning and progression

Course reference: 8275ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This course will allow you to engage with summative and formative assessment tools and explore the vital role it has to play in gauging pupil ability and development. It examines strategies for using AfL to ensure that while progress is maximised, students are engaged and motivated and involved in celebrating their own achievements.

Course content

- Plan lessons, workshops and schemes with built in assessment points to support planning, progression and reporting
- Use data to identify more able students and to ensure you meet Ofsted requirements for pace, stretch and challenge in lessons
- Use assessment descriptors and levels to determine progress
- Unpack the jargon to make the process transparent for staff, parents and pupils
- Use peer and self-assessment with confidence to ensure pupils are part of the process
- Recognise how assessment can work throughout the creative faculty with shared terminology

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Dance teachers and heads of department in UK secondary schools and FE colleges keen to enhance progress by embedding AfL into the curriculum.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/8275 | Fax: 020 7190 5853

Teaching the New Secondary Curriculum in PE with Confidence and Creativity

How physical education teaching and assessment will change under the new curriculum

Course reference: 8227ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Much ink has been spilled on the changes to National Curriculum teaching and assessment. This practical course will cut through the hype and completely prepare you for what these changes actually mean in terms of secondary physical education teaching.

Course content

- The key differences and new expectations in the revised physical education curriculum
- Developing an exciting and engaging physical education curriculum with the Programmes of Study and 'core knowledge' at its heart
- Using proven techniques to adapt existing lesson plans and schemes of work to meet the new curriculum requirements
- How to provide effective progression between key stages - skills to cope with GCSE requirements
- Assessing accurately and monitoring progress effectively

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PE teachers and leaders in UK secondary schools who want to develop and implement engaging schemes of work in line with the new curriculum.

“

Everything I wanted to know and more - very supportive.

Hannah Bray, Sir John Gleed School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/8227 | Fax: 020 7190 5853

Special Needs and PE: Effective Inclusion in Practice

Providing opportunities for effective and meaningful inclusion of all students in PE

Course reference: 7249ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

With the governmental drive to include students with disabilities into the general curriculum, this course aims to enable specialist and non-specialist physical education teachers to successfully address those students' needs in lessons.

Course content

- Movement disorders and their social implications
- Aphasia and dyspraxia
- Developing and choosing appropriate games for special needs students
- The integrated PE lesson

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Specialist and non-specialist PE teachers and support staff who want to fully engage students with special needs in the PE curriculum.

“ *Fantastic forum for sharing ideas and experiences. Plenty of practical advice for improving delivery of PE to SEN students.*

Phillip Stiff - Haberdashers' Aske's Boys' School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/7249 | Fax: 020 7190 5853

Maximising Progress by Differentiating in PE

Practical approaches to raising standards of achievement by effective differentiation

Course reference: 8267ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Effective differentiation is key to enabling every student to reach their potential in the PE classroom. This course explores practical approaches to creating differentiated schemes of work and lesson plans, enabling you to engage, motivate and stretch every member of the class.

Course content

- Use differentiation as a tool to maximise enjoyment and achievement
- Effectively assess the needs of students of different abilities and bridge the gap between those abilities
- Provide an engaging and supportive learning environment through a range of different strategies
- Develop resources and strategies for planning differentiated schemes of work in PE

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Teachers and subject leaders of PE looking for new ideas for creating a differentiated, engaging and motivational learning environment that will drive outstanding levels of learning.

“ **99%** of delegates rate our courses as 'Good' or 'Outstanding'

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/8267 | Fax: 020 7190 5853

Delivering Dance with Confidence at KS3

Learn the toolkit in a day to set up and run dance with confidence for the first time

Course reference: 8276ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This practical course is designed to boost your confidence in delivering dance through your subject and supporting teachers of KS3. This course will enable you to resource, plan and deliver a high quality and informed experience for your pupils. Those who want to develop the effectiveness of their dance teaching will leave the course with many practical ideas which they can immediately apply in their classroom.

Course content

- Plan and set up an appropriately resourced, safe teaching space
- Use warm ups that develop pupil engagement and appropriate skills
- Recognise and work within the model of create, perform and respond
- Gain confidence in the roles of dancer, choreographer and DJ!
- Use peer and self-assessment with confidence to ensure pupils are part of the process
- Recognise how assessment can work throughout the creative faculty with shared terminology and levels to help embed the process

Call: 0800 881 8185 | www.creativeeducation.co.uk/8276 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

This course will provide systems and strategies for all dance teachers and non-specialists, who are looking for support and assurance in the classroom.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

Engaging Boys in Dance

Making dance appealing to boys at key stage 3 and beyond

Course reference: 8277ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

This practical course will support subject teachers, practitioners and non-specialists to explore and create a boy-friendly dance culture in your setting. This course will give you the toolkit to get boys excited by and committed to dance. By covering a mix of informed psychology, clear modelling, careful resourcing and building teacher confidence, we will develop your understanding and ability to sustain boys' attention and participation in dance classes.

Course content

- Resource, plan and deliver boy-friendly dance sessions as one-off workshops, club sessions or schemes of work
- Understand what switches boys off and on and what you can do about it
- Create a culture where boys can and do dance
- Recruit and sustain boys' commitment to courses and activities
- Gain insight into identifying pathways and careers open to boys who want to develop their dancing further

Call: 0800 881 8185 | www.creativeeducation.co.uk/8277 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

This course is suitable for subject teachers and non-specialists who teach dance, PE, drama and performing arts.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

Outstanding Learning in the New Primary Physical Education Curriculum

How physical education teaching and assessment will change under the new programmes of study

Course reference: 1160ZSP **Price:** £269+VAT **Timings:** 10am - 4pm

With a new National Curriculum, tougher Ofsted inspection regime, and ever increasing floor targets getting teaching to outstanding has never been harder – or more important. This useful course looks to cut through the hype and examine what it takes to deliver lessons that achieve outstanding learning and progress in primary physical education.

Course content

- What is required for outstanding learning and progress in physical education
- Discover the key differences and expectations in the new physical education curriculum
- The concept of 'core knowledge' and how to develop an outstanding physical education curriculum with the Programmes of Study
- Proven techniques to adapt existing lesson plans and schemes of work to meet Ofsted and National Curriculum requirements
- Assess accurately and monitor progress effectively in physical education with National Curriculum levels no longer obligatory

Call: 0800 881 8185 | www.creativeeducation.co.uk/1160 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Subject leaders and teachers.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

”

Outstanding Teaching at BTEC Sport Level 3

Creative ideas for teachers of BTEC Nationals

Course reference: 8255ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

BTEC vocational courses in sport have the potential to develop essential employability skills of independent learning, enquiry and critical evaluation. This course will give you practical ideas to enhance the vocational elements of BTEC sport and also differentiate planning and assessment to provide outstanding assignments to challenge and engage all students.

Course content

- Develop creative methods of planning effective assessments, assignments, and the curriculum – focusing on making the vocational elements work
- Use the criteria to effectively differentiate - stretching and challenging all your students
- Develop effective and timely feedback to maximise student motivation and establish rigorous target setting
- Encourage skills of independent learning and enquiry and preparing your students for employment

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

BTEC level 3 sport teachers, curriculum managers or co-ordinators who wish to develop creative and effective approaches to outstanding provision.

“

Up to date knowledge from subject specialist. Lots of ideas. Opportunities to network.

Kamilla Davess-Humphrey,
Graveney School

”

Call: 0800 881 8185 | www.creativeeducation.co.uk/8255 | Fax: 020 7190 5853

Outstanding Teaching for the BTEC First in Sport

How to effectively deliver the new QCF accredited BTEC sport qualifications

Course reference: 7964ZSP **Price:** £299+VAT **Timings:** 10am - 4pm

Get to grips with the new specification and learn the tricks to delivering outstanding vocational learning in your school. You will explore ways of developing high impact assignments, stress free assessments and explore a range of teaching methods which will help students become more employable.

Course content

- Implement the updates on the new generation of BTECs
- Ensure the more able learners are accredited for high achievement
- Create exciting and relevant assignments that also help to developing work related skills
- Understand and apply the new grading criteria

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

BTEC first sport teachers, curriculum managers or coordinators who wish to develop creative and effective approaches to outstanding provision.

“

Found the course extremely valuable to me for implementing BTEC sport.

Ian Gatenby - King James's School

”

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Reasons to choose Creative Education

20 years of experience delivering high quality CPD training to teachers and senior leaders.

Over 300 courses aimed at teachers, heads of department, middle and senior leaders and school support and premises staff.

Our courses are rated “Good” or “Outstanding” by 99% of delegates.

Courses held in 11 convenient locations across the country.

Our courses provide you with practical advice and strategies that can be used immediately.

In-house Training can be delivered throughout the year to provide you with the training you want, when you want it.

Our ready-made, tried and tested courses can be tailored to meet the needs of you and your staff in an In-house Training session.

An ever growing range of e-Learning training flexible to fit around the busy schedules of school staff.

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