



PSHE

training courses

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Developing Resilience and Coping Skills in Your Students

Help make your school a leader in character education

Course reference: 8292ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Developing children's resilience is now being seen as important as academic learning. This course will look at practical approaches to embed resilience across the school; train staff and pupils, and provide a wealth of practical strategies.

Course content

- Embed resilience across the school - an ongoing sustainable programme that has real impact
- Develop engaging active learning techniques and an effective 'toolkit' for building resilience
- Create effective staff and student coaching programmes and support networks
- Evaluate, monitor and assess the impact on all students

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Senior and middle leaders as well as heads of year/departments from both primary and secondary schools as well as colleges.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Call: 0800 881 8185 | www.creativeeducation.co.uk/8292 | Fax: 020 7190 5853

Dealing Confidently with Sex and Relationships in PSHE

How to tackle the challenging issues sensitively and confidently

Course reference: 4840ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Many teachers struggle with the delivery of sex and relationship education. This course will offer clear guidance on delivery, improve teacher confidence, offer help in selecting materials and provide clarity around national guidelines. This course is suitable for PSHE co-ordinators, teachers, support staff and school nurses delivering sex and relationship education.

Course content

- Strategies to help all teachers focus on the 'relationships' aspect of SRE
- Developing teaching methods to focus on skills and values as well as knowledge
- Understanding of national guidance surrounding sex and relationship education
- Creating links with other areas of PSHE such as 'risk'
- Effective ways of removing 'barriers' and dealing with sensitive and controversial issues

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Any member of school staff looking to increase their confidence in delivering SRE including teachers, pastoral staff, form tutors and year leaders.

“

A fantastic course with very useful and practical tips to take back to the classroom.

Hannah Perrins - Adams' Grammar School

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Call: 0800 881 8185 | www.creativeeducation.co.uk/4840 | Fax: 020 7190 5853

From Bullying to Bereavement - Providing Emotional Support for Distressed Students

Promoting a culture of emotional health and well-being in your school

Course reference: 8283ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

This course will enable you to understand and provide a supportive response to those students who may undergo traumatic times in school. You will return to school equipped with strategies and techniques to help you support students dealing with grief, bullying, anger, stress, friendship and relationship issues and all other overwhelming emotions.

Course content

- Develop knowledge of approaches to counselling in young people at school
- Understand how to constructively relate to young people in acute distress when facing emotional trauma
- Recognise the importance of excellent communication and interpersonal skills
- Explore the factors which can cause, or prevent, anger and stress in the school community
- Identify how to implement a positive school culture which encourages well-being for pupils and staff

Call: 0800 881 8185 | www.creativeeducation.co.uk/8283 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Suitable for anyone who has regular contact with pupils experiencing emotional health issues including pastoral carers, year heads, support staff and senior leaders responsible for policy and professional training.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Sex and Relationship Education for Students with SEN

How to provide high quality support for SEN students in this challenging area

Course reference: 7796ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Students with special educational needs or learning difficulties are less likely than their peers to receive effective sex education at home and face a higher than average likelihood of experiencing sexual abuse. It is vital that an effective sex and relationship curriculum is delivered which caters to the individual needs of each student. The course is primarily aimed at special school staff but other colleagues should also find it of use.

Course content

- The framework for sex and relationships
- Philosophical, ethical and legal issues
- Managing the curriculum
- Aims, principles, content and methodology
- Using appropriate language
- Confidentiality and answering questions
- Contraception

Call: 0800 881 8185 | www.creativeeducation.co.uk/7796 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

School staff with a responsibility for teaching sex and relationships education to children with special needs in a special, primary or secondary school setting.

“

Thank you for such an informative day. Lots of ideas to take away and implement.

Natalie Stevens - St Mary's
Wrestwood Children's Trust

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The PSHE Co-ordinator's Role

Understanding your responsibilities and how you can benefit the entire school

Course reference: 7001ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

This course will offer co-ordinators the latest information to support PSHE development in secondary schools. It will provide a clear framework for leading and managing this subject. This course is suitable for both new and experienced PSHE co-ordinators from primary, secondary and special schools, as well as FE colleges.

Course content

- Guidance for implementing the new PSHE programmes of study
- The monitoring role of the co-ordinator as leader and manager
- Guidance relating to the inspection framework
- Organising effective PSHE - policy and practice
- Creating a whole school approach to assessment, recording and reporting in PSHE
- Raising the profile of PSHE through the national Healthy Schools programme

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Current and aspiring PSHE co-ordinators who want to lead and manage PSHE in their school effectively and with maximum impact on student outcomes.

“

A hugely valuable course, extremely well taught.

Richard Bache - Thomas's Preparatory Battersea

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Call: 0800 881 8185 | www.creativeeducation.co.uk/7001 | Fax: 020 7190 5853

Anxiety, Depression and Obsessions - Supporting Students With Mental Health Disorders

Support students with anxiety, depression and obsessions to improve their wellbeing, attendance and attainment

Course reference: 8282ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Mental health disorders are surprisingly common, affecting a considerable number of children and young people. A significant percentage of 5-16 year-olds have a diagnosed mental health disorder and others have problems that have not yet been formally diagnosed. Poor mental health can have a major impact on a child's education, with poor attendance and lower attainment common among students with mental health disorders. Schools have a key role to play in supporting these young people to achieve their potential and improve their emotional wellbeing.

Course content

- Understand different types of mental health disorders
- Increasing awareness of the impact of loss
- Recognise the signs and symptoms of some of the most common mental health disorders
- Identify students in need of support
- Work with parents and carers to support their child effectively
- Establish when to involve external agencies
- Promote positive wellbeing through the curriculum

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

Pastoral leaders, heads of year, mentors, teaching assistants and other staff who want to support pupils and students who are suffering from mental health disorders such as anxiety, depression or obsessions.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Call: 0800 881 8185 | www.creativeeducation.co.uk/8282 | Fax: 020 7190 5853



PSHE and Citizenship in Special Schools

Giving you the advice, guidance and confidence to tackle this challenging topic

Course reference: 7695ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

This course will provide essential strategies for PSHE and citizenship in the special school as well as structures to provide an effective programme of provision, providing important life skills for all students with SEN. This course is suitable for PSHE and citizenship co-ordinators, LSAs and all teachers involved with students with SEN.

Course content

- Develop an effective programmes of study for PSHE and citizenship
- Create engaging and meaningful schemes of work and lesson ideas
- Involve the whole school in PSHE/citizenship provision
- Organise, monitor and evaluate the impact of PSHE and citizenship provision
- Make effective use of assessment
- Develop teachers skills and raise the profile of PSHE throughout the school

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

PSHE and citizenship co-ordinators.

“

Very inspiring! Recharged my batteries and better informed me.

Christine Koeller - Coleg Elidyr

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Call: 0800 881 8185 | www.creativeeducation.co.uk/7695 | Fax: 020 7190 5853

Dealing with the Effects of Abuse and Neglect on Children and Young People

Understanding how schools can help to provide support for pupils and their families affected by abuse

Course reference: 8281ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Child abuse is headline news and it is critical that schools understand how they can help to protect and support pupils involved. This course looks at the nature of abuse and addresses a wide range of issues, referencing the latest national advice and guidance. It uses the findings of current research and reports, including case studies, to suggest approaches schools can use to provide effective support, including the importance of establishing partnerships with external agencies.

Course content

- Understand the nature of abuse and recognise the signs of different types of abuse
- Review, evaluate and update current policies and practices with reference to current legislation and guidance
- Develop or review a framework for assessing and addressing the needs of children who have been abused
- Explore specific programmes and resources, including government supported projects, and information on a range of external support agencies

Course dates

We run courses in 11 cities across the country

[view dates](#)

Suitable for

The course has been designed for those in schools and colleges with responsibility for policy, planning and delivering for pastoral support, safeguarding and sex and relationships education.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Call: 0800 881 8185 | www.creativeeducation.co.uk/8281 | Fax: 020 7190 5853

Planning and Implementing a Meaningful Primary PSHE Curriculum

A practical guide to PSHE development in KS1 & 2

Course reference: 1173ZSQ **Price:** £269+VAT **Timings:** 10am - 4pm

As a primary school teacher, you will understand the importance of developing a supportive learning environment that promotes the emotional, personal and social development of every child in your school. This course will offer the latest information to support PSHE development in primary schools, presenting a framework for devising your programmes of study and an opportunity to consider a variety of teaching and learning strategies to ensure your work makes an impact on your pupils' personal growth.

Course content

- Explore the benefits of a whole-school approach to PSHE
- Consider a practical framework for planning a meaningful PSHE curriculum for your primary school
- Examine a range of possible delivery models to find the right one for your school
- Identify various teaching and learning strategies for delivering effective PSHE
- Assess the impact that your programme has on your pupils and plan for the future

Call: 0800 881 8185 | www.creativeeducation.co.uk/1173 | Fax: 020 7190 5853

Course dates

We run courses in 11 cities across the country

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Suitable for

All teachers who have an interest in the personal and social development of pupils in their primary school. It will be particularly useful for those who have responsibility for curriculum development in KS1 and 2.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Tackling School Phobia

A practical guide to working together to support phobic pupils and improve their attendance

Course reference: 8287ZSQ **Price:** £299+VAT **Timings:** 10am - 4pm

Schools need to be proactive in actively promoting attendance but staff may feel that school phobias are caused by external factors out of their control. This course aims to identify significant support that schools can offer the child and its parents/carers to enable the school and the family to work together to manage the phobic behaviour.

Course content

- Develop a better understanding of school phobia
- Provide an environment that will support the phobic child
- Identify ways that can increase attendance levels in school
- Set up positive relationships between the school, the child and the family
- Develop specific, outcome driven targets in the school development plan to demonstrate rising attendance levels
- Practical advice on managing Local Authority and Ofsted expectations

Call: 0800 881 8185 | www.creativeeducation.co.uk/8282 | Fax: 020 7190 5853

Course dates

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Suitable for

Pastoral leaders, year heads, support staff and senior managers will find the content particularly useful in ensuring a co-ordinated approach to improving attendance.

“

99% of delegates rate our courses as 'Good' or 'Outstanding'

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Reasons to choose Creative Education

20 years of experience delivering high quality CPD training to teachers and senior leaders.

Over 300 courses aimed at teachers, heads of department, middle and senior leaders and school support and premises staff.

Our courses are rated “Good” or “Outstanding” by 99% of delegates.

Courses held in 11 convenient locations across the country.

Our courses provide you with practical advice and strategies that can be used immediately.

In-house Training can be delivered throughout the year to provide you with the training you want, when you want it.

Our ready-made, tried and tested courses can be tailored to meet the needs of you and your staff in an In-house Training session.

An ever growing range of e-Learning training flexible to fit around the busy schedules of school staff.

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